Preschool Resource

Coronavirus & COVID-19:

What you need to know

This resource sheet contains:

* Talking points for young children
* Four pictures that can be shown on a screen or printed for showing at circle time
* Additional resources

Objectives:

Students will learn about:

* Coronavirus and COVID-19
* Ways to keep themselves, their families, and their communities healthy

Talking Points:

* Have you heard the adults at home talking about the germ called Coronavirus? It is a very, very small germ. It can make people sick with something called COVID-19.
* Because people are sick, you will not be going to school for two weeks. We want the healthy people to stay healthy!
* You can help stay healthy by:
  1. Washing your hands (Page 3)
     + Let’s go over how to wash our hands:
       - Turn on the water.
       - Soap your hands.
       - Rub your hands together, between your fingers, under your nails, on the backs of your hands.
       - Rinse your hands under the water.
       - Dry your hands with a paper towel.
       - Turn off the water with your paper towel.
     + Sing the Happy Birthday Song two times through when you wash your hands. Let’s practice now.
     + When should you wash your hands? (Page 4)
       - When you get home
       - After you play
       - Before and after you eat
       - After you play with your pets
  2. Sneezing or coughing into your elbow, so the germs stay near you, and not others. (Page 5)
     + Let’s practice sneezing or coughing into our elbow.
  3. **Keeping your hands away from your face**. (Page 6)
     + DON’T pick your nose, rub your eyes, or put your fingers in your mouth.
     + DO:
       - Wash your hands often with soap and water
       - Sneeze or cough into your elbow
       - Keep your hands away from your face
* Let’s Review!
  1. What are 3 DO’S?
     + Wash your hands
     + Sneeze or cough into your elbow
     + Keep hands away from your face
  2. What are 3 DONT’S?
     + Don’t pick your nose
     + Don’t rub your eyes
     + Don’t put your fingers in your mouth

Additional Resources:

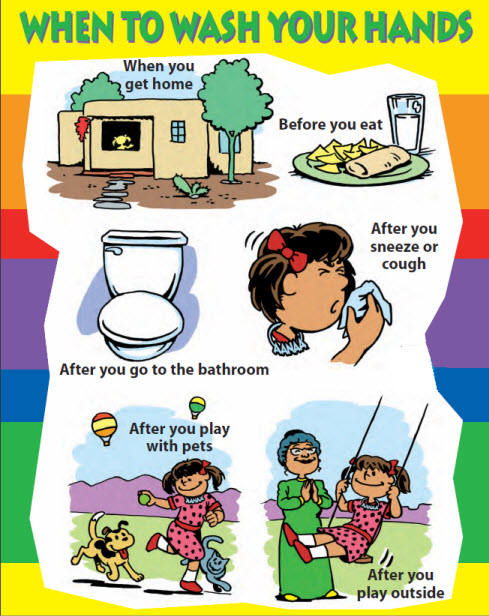
[TK-1 Coronavirus & COVID-19 Slide Presentation](https://docs.google.com/presentation/d/1QAu3sF4FL7SxzModIiN6Lma80ctuKrty77u8yDef28k/edit?ts=5e6987f7#slide=id.g35f391192_00)

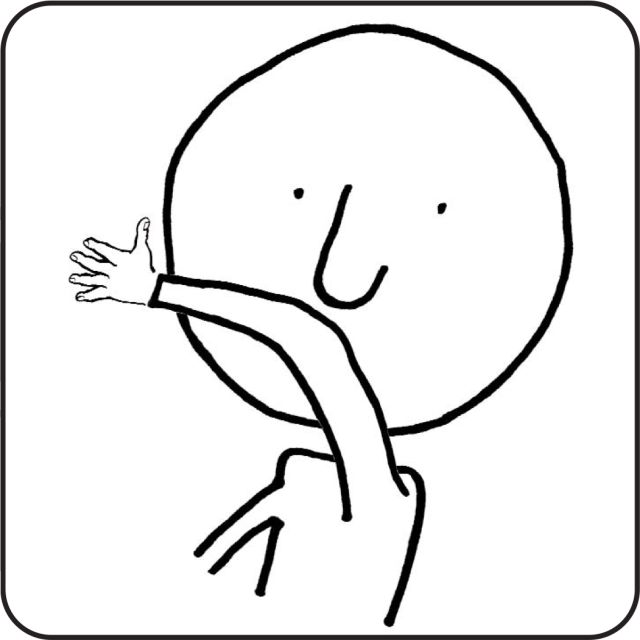
[Handwashing video in English](https://www.youtube.com/watch?time_continue=187&v=w2lNKY48zE0&feature=emb_title)/children

[Handwashing video in Spanish](https://www.youtube.com/watch?v=Hy7M9yS2J0I)/children

[Handwashing video in Cantonese/adults](https://www.youtube.com/watch?v=rgaModQN7RE)







Sneeze and cough into your elbow!



